



# THE GREENHOUSE FLEET

## LUNCH MENU

### SANDWICHES, PANINI & WRAPS

<b>FISHLESS FINGER S'WICH</b> Fishless fingers, mayo, lettuce ✓	4.50	<b>CHEESE &amp; "HAM" PANINO</b> Melted cheese, "ham" & mustard, toasted in a panino. ✓	4.50	<b>PULLED JACKFRUIT WRAP</b> Pulled BBQ Jackfruit, lettuce, tomato onion & lime ✓	4.50
<b>CORONATION CHICKPEA S'WICH</b> A creamy, herb and spice-infused chickpea filling ✓	4.50	<b>AVOCADO, "CHICKEN" WRAP</b> Avocado, "chicken", tomato, mayo, & fresh spinach ✓	4.50	<b>CRISPY "CHICKEN" WRAP</b> Crispy "chicken", mayo, lettuce, tomato, cheese & red onion ✓	4.50

### PIZZAS

Ⓜ ✓ Options available on request

<b>MARGHERITA</b> Mozzarella, tomato and basil	8.95
<b>PICCANTE</b> Feta or tofu, peppers, olives, tomato, cheddar, chilli flakes and oregano	9.50
<b>PESTO E FUNGHI</b> Mushrooms, pesto, mozzarella, olives, cheddar, tomato and basil	9.95
<b>LA SERRA</b> Mushrooms, peppers, sundried tomatoes, pesto olives, courgettes, mozzarella, cheddar, tomato and basil	10.50
<b>BBQ FRICKEN</b> Smokey barbecue sauce, "chicken" strips, cheddar, mozzarella and oregano	10.95

### SMALL BITES

<b>SOUP OF THE DAY</b> Served with crusty sourdough bread. See board or ask a member of staff for today's soup	3.95
<b>CIABATTA GARLIC BREAD</b> Garlic butter and parsley on a stone baked ciabatta bread ✓	3.49
<b>ARANCINI</b> Crispy golden isotto balls stuffed with creamy mushrooms and thyme, laid on a bed of rocket leaves ✓	3.95
<b>JACKET POTATOES</b> Home-baked Jacket potatoes with a filling of your choice, served with a side salad - Beans & Cheese - Chickpea "Tuna" mayo ✓	4.50
<b>HOMEMADE SAUSAGE ROLL</b> Our own recipe of a flaky pastry filled with sausage, cheese, herbs & spices ✓	2.00

### SIDES

<b>CHUNKY CHIPS</b> Ⓜ ✓	3.50
<b>SWEET POTATO FRIES</b> Ⓜ ✓	3.50
<b>SQUASH MAC &amp; CHEESE</b> ✓	3.95
<b>ONION RINGS</b> ✓	3.50

PLEASE ASK A MEMBER OF STAFF TO  
SEE OUR DAILY SPECIALS

PLEASE SEE COUNTER & SANDWICH  
FRIDGE FOR MORE OPTIONS

Ⓜ Gluten free   ✓ Vegan

Please note: there is no animal meat on our menu, but many of our dishes have meat-like substitutes shown in quotation marks. All our dishes are made on site, so cross-contamination of all allergens can occur. For a full allergen menu, please speak to a member of staff